

# My Plant Mandala / Grades K-2

Exploring who I am through nature and colors!



Name: \_\_\_\_\_ Date: \_\_\_\_\_

## 1. What kind of plant are you like?

(Choose one or draw your own idea!)

**Cactus** – strong and brave

**Sunflower** – happy and bright

**Ivy** – always growing and climbing

**Aloe** – calm and healing

**Tree** – quiet and steady

Other: \_\_\_\_\_

## 3. What helps your plant (YOU) grow strong?

(Write or draw your answer)

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## 2. What colors show your feelings today?

I FEEL... (circle one or more)

**Happy** – Yellow

**Sad** – Blue

**Mad** – Red

**Calm** – Green

**Nervous** – Purple

**Brave** – Orange



## 3. Turn this page over and draw your plant inside the circle.

Add your colors, feelings, and maybe a smiling sun or some rain to help it grow.

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